

## Supply List

**Class Name:** Watercolours or Acrylics Workshop: Holiday Themes (Student's Choice)

**Instructed By:** Cindy Barratt

**IMPORTANT:** Please DO NOT purchase any supplies until you receive an email from Metro, confirming that the class is running (periodically classes are cancelled due to low enrollment). An email confirmation will be sent a minimum of 2 business days prior to the class start date or you will be notified that the class has been cancelled. Please note: If you do not receive an email as stated above, be sure to check your spam inbox.

***Due to severe allergies, the instructor kindly requests that students do not wear perfumes, colognes, etc. Thank you.***

Supplies may be purchased anywhere you choose, however supplies should be available at most art stores (i.e. Delta Art & Drafting, Michaels, The Paint Spot, etc.). When buying supplies, remember to bring your Metro class receipt. Many art stores offer a discount to students. You can also price check online at the various art store websites.

**\*\*Alternative cost-saving suggestions for brushes and paint sets (ideal for beginners and/or those who don't wish to invest a lot of money in supplies) can be found at the end of each supply list.**

### **ACRYLICS:**

**Please bring the following supplies to class** (and feel free to bring any additional supplies you may have):

- 1 or 2 - 8 x 10" or 9 X 12" stretched canvases or canvas boards (or any size you wish to work on) For a more contemporary style choose square format such as 6 x 6", 8 x 8"
- Or watercolour paper (140 lb) for art cards
- Palette or white plates or white plastic lids to mix paint on (to keep your acrylic palette from drying out you will need a large Ziploc bag or airtight plastic container that your palette or lids fit into).
- 2 water containers (I use recycled plastic containers)
- Spray bottle (fine mist) - I use recycled hair product spray bottles or try the dollar store)
- Pencil and eraser, paper or sketch pad
- Paper towels, absorbent rags or cloths
- Plastic table cover or newspaper
- (Optional) - Graphite transfer paper (some will be available to borrow from the instructor)

**Brushes:** Bring all brushes you have available - I use a variety of watercolour, acrylic and oil brushes (or these are my suggestions)

- One 1" flat soft brush (cheap hake brushes work fine)
- One ¼" flat bristle brush or a round bristle (similar to size 8 or 10 round soft brushes)
- 2 round soft brushes – smaller size 4 or 6 and larger size 10 or 12
- 1 or 2 flat acrylic blending brushes approx. ¼ - ½"
- 1 script liner (#1 or #2) or a small thin brush for detail
- Palette Knife (optional)

**Paint:** I use Golden Heavy Body Acrylics which are a professional grade of paint. There are many types of acrylic paints available so the choice is yours. Quality and lightfastness are factors that will affect the price you pay. Liquitex Artist Colour is a cheaper alternative to Golden with reasonable quality. Academy Grumbacher or Liquitex Basics, etc. are reasonable student grade paints.

**Suggested Basic Colours:** These are Golden Colours and some brands may have other names so ask store staff to help you to select a similar colour choice  
Titanium White, Primary or Hansa Yellow or Cadmium Yellow, Phthalo or Ultramarine Blue, Quinacridone or Alizarin Crimson or Cadmium Red, Burnt Sienna, Jenkins or Phthalo Green, Dioxazine Violet (Purple)

**Optional Colours:** Pyrrole Orange or Cadmium Orange, Cerulean Blue, Yellow Ochre, cheap folk art metallic acrylic colours such as red, gold, silver or bronze may be suitable and any other colours you may have.

### **\*\*Suggestions for Beginners and Cost Savings**

- Basic supplies can be purchased for approximately \$20.00 - \$30.00.
- Dollar Stores offer cheap pricing on supplies such as brushes, canvases and canvas boards. Dollar store paints are usually not very good quality.
- Michaels has value packages of brushes. There are a few choices of packages which contain 25 brushes for about \$8.00. One of these packages will get you started.
- Michaels also has value packages of canvas boards and canvases.
- Michaels has Artist Loft Fundamentals Acrylic paint sets (12 colours) approx. \$8.00 (the quality of Artist Loft paints is okay but I think Liquitex Basics is better if you wish to spend a bit more)
- Michaels has weekly coupons so keep an eye out for them or go to their website to print them off.
- Delta Art offers great prices all the time and even better sales. Their staff are very knowledgeable and helpful.
- Delta carries a variety of basic acrylic paint sets (2 options are):
  - Reeves tubes set of 12 colours approx \$12.00
  - Acrylic Basics set of 12 colours approx \$19.00
- Delta has various "art advantage" products, paints, brushes. Their "art advantage" brush sets run about \$15.00
- Delta carries a variety of canvas boards and canvases for good prices

## **WATERCOLOURS:**

**Please bring the following supplies to class** (and feel free to bring any additional supplies you may have):

**\*\*Please see the last page for alternative cost-saving suggestions for brushes and paint sets (ideal for beginners and/or those who don't wish to invest a lot of money in supplies).**

**Paper:** 140 lb Arches Medium - Cold Pressed, or similar quality (good paper is very important, so I recommend to purchase a full sheet (22 x 30") of watercolour paper rather than booklets). You can create your painting or use the watercolour paper to make your art cards. If you wish to work on stretched paper please prepare this at home or you may use watercolor blocks. Scraps (old discarded paintings/cropped edges) are handy for testing and practice.

### **Other Materials:**

- Pencil, eraser, paper or sketch pad
- Paper towels, rags, (cellulose sponges are also good for water control)
- Palette or white plates or white plastic lids to mix your paint on
- 2 water containers (I use recycled plastic containers)
- Spray bottle (fine mist) - I use recycled hair product spray bottles or try the dollar store
- Plastic table cover

### **Optional Items:**

- Graphite transfer paper (some will be available to borrow from the instructor)
- Hair dryer
- Masking fluid and bar of soap, masking or green tape

**Brushes:** Bring all the brushes you have available. I use a variety of watercolour, acrylic and oil brushes (or these are my suggestions):

### **Flat Brushes**

- one soft one for washes - approx. 1" wide (Hake brush is fine)
- one approx. ½" wide – a firm synthetic brush with ½" long "hair" used for blending

### **Round Brushes** (2 - 3 will suffice)

- Approx. sizes #4, #6, #8, #10, #12 (these numbers refer to short handle brushes)
- one script liner (#1 or #2) or a small thin brush for detail
- (optional) - one round bristle brush (similar to size 8 or 10 round) or 1/4" flat bristle brush

**Watercolour Paints:** The quality of paints will affect your final product - if you are just learning and want to experiment first, student quality such as Grumbacher Academy, Cotman, Reeves, etc are ok. You WILL NOT get superior color results with student grade paints. I use Winsor & Newton (Artist Quality).

**Suggested Basic Colours:** These are W&N colours & some brands may have different names: Aureolin Yellow or New Gamboge, Phthalo Green or Winsor Green (blue shade), Alizarin Crimson, Phthalo Blue or Winsor Blue (red shade) or Ultramarine Blue, Burnt Sienna, Winsor (Dioxazine) Violet or Purple

**Optional Colours:** These are many of the colours on Cindy's palette, but students do not need all listed, but should make choices applicable to their situation, i.e. costs, preference of colours and pigments.

Winsor Orange (red shade) or Cadmium Orange or Red, Yellow Ochre, Indian Yellow or Quinacridone Gold, Cobalt Blue, and bring any other colours you may have.

### **\*\*Suggestions for Beginners and Cost Savings**

- Basic supplies can be purchased for approximately \$25.00 - \$35.00.
- Dollar Stores offer cheap pricing on supplies such as brushes. Dollar store paints are usually not very good quality.
- Michaels has value packages of brushes. There are a few choices of packages which contain 25 brushes for about \$8.00. One of these packages will get you started.
- Michaels has Artist Loft Fundamentals Watercolour paint sets (12 colours) approx. \$8.00 or Semi-Moist Pan sets by Prang for between \$8.00 - \$20.00
- Michaels has weekly coupons so keep an eye out for them or go to their website to print them off.
- Delta Art offers great prices all the time and even better sales. Their staff are very knowledgeable and helpful.
- Delta has various "art advantage" products, paints, brushes. Their "art advantage" brush sets run about \$15.00
- Delta carries a variety of basic watercolour paint sets:
  - Reeves tubes or pan sets run approx \$10.00 - \$23.00
  - Yarka Watercolour Semi-Moist sets approx \$7.50 - \$10.00
  - 8 ml tubes of Cotman watercolours are \$4.75 each
- Delta carries a variety of watercolour papers and pads for various prices.
  - Arches 140 lb medium - cold press (22 x 30" sheet) approx. \$10.00
  - Canson w/c 140 lb paper is a cheaper alternative to Arches
  - pad 11 x 15" is \$12.85 at Delta and \$26.99 at Michaels