



EDMONTON PUBLIC SCHOOLS

FALL 2020
SEPTEMBER - JANUARY

metro

ACADEMIC SUCCESS PROGRAMS CALENDAR

**EVENING & WEEKEND
HIGH SCHOOL CREDIT**

**DIPLOMA
EXAM PREP**

**AFTER SCHOOL PROGRAMS
ELEMENTARY & JUNIOR HIGH**



EDMONTON PUBLIC SCHOOLS

metrocontinuingeducation.ca

A photograph of three students from behind, wearing backpacks and walking. The student in the center has a large brown leather backpack. The student on the left has a yellow backpack. The student on the right has a striped shirt and a backpack.

Open your options with Metro's High School Credit classes!

Tuition is **FREE** for Edmonton Public School students under 20 years of age as of September 1, 2020.

A program fee applies for all students. See page 6 for more details.

Why Metro?

- Metro's courses are Alberta Education High School credit classes which may be used to meet the requirements of the Alberta High School Diploma or the Adult High School Equivalency Diploma
- Complete a course in eight weeks
- Smaller class sizes
- Certificated instructors
- Free career and academic counselling services

Message from Metro

During these times of uncertainty, we are committed to providing quality classes and programming to our students. For information on safety protocols related to COVID-19, please visit our website.

Our new online after school programs provide students with opportunities to discover STEM (science, technology, engineering, math), enhance skill-building, and explore personal interests.

Metro's high school credit program allows current Edmonton Public high school students and adult learners to upgrade their marks or complete course requirements for a high school diploma or for entry into their post-secondary program.

Should you require any assistance or guidance with course selection, please call us at 780.428.1111 and ask to speak with a Metro counsellor.



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How to Register

Register early to avoid the disappointment of a full class. Course registration closes on the date of the second class. Metro accepts cash, cheque, VISA, Mastercard or debit card.

Register for your class online
metrocontinuingeducation.ca



Browse courses

Click **Add to Cart** when courses catch your eye!



Create a new profile

Or if you've registered online previously, sign in.



Visit the checkout

Complete your order to sign up for your classes, and get learning!

In person or by phone

Metro Continuing Education
7835 - 76 Avenue NW, Edmonton, Alberta
780.428.1111
Monday through Friday: 8:30 am - 4:30 pm

Withdrawals / Refunds

To withdraw from a course, please notify Metro's Registration and Customer Service office at least one (1) full business day prior to the start of your course. For non-credit classes, a refund minus a \$25 service fee will be issued. For High School Credit classes, please refer to the course changes information on page 6.

Refunds will not be issued for non-attendance.



METRO CLASS CALENDAR

Academic Success Programs
September 2020 - January 2021

Metro publishes the *Academic Success Programs Class Calendar* twice a year, in August and November. Up-to-the-minute course information and registration is available at metrocontinuingeducation.ca.

CONTACT INFORMATION

Registration & Customer Service
780.428.1111

Class Calendar © 2020 - 2021



EDMONTON PUBLIC SCHOOLS
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High School Credit Courses

Harry Ainlay

4350 – 111 St NW, Edmonton, AB T6J 1E8

Avonmore

7835 – 76 Ave, NW, Edmonton AB, T6C 2N1

**YOUR CHOICE OF LEARNING OPTIONS
TO SUIT YOUR GOALS AND LIFESTYLE**

In-Class Fast Track Programs

Complete a 5-credit course with evening classes twice a week and on Saturday. Learn in a mature environment from qualified, experienced instructors with a track record of success.

Monday / Wednesday / Saturday 🌞 ☾

Days & Times: Mon & Wed (6:00 pm - 9:30 pm) & Sat (8:30 am - 1:50 pm)

No. of classes / hours: 21 / 80

QUARTER 1: Wednesday, September 9 - Saturday, October 31 (no classes on Saturday, October 10 and Monday, October 12). Registration opens August 17th.

COURSE	PREREQUISITE(S)	CREDITS	LOCATION
ENGLISH			
English 10-2	Grade 9 Language Arts or ESL Level 5	5	Harry Ainlay
English 10-1	Grade 9 Language Arts (60%+ recommended)	5	Harry Ainlay
English 30-1*	English 20-1 or English 30-2	5	Harry Ainlay
English 30-2*	English 20-2	5	Harry Ainlay

MATHEMATICS

Math 10C	Grade 9 Math	5	Avonmore
Math 30-1*	Math 20-1 or Math 30-2	5	Avonmore

SCIENCES

Biology 20	Science 10	5	Avonmore
Biology 30*	Biology 20	5	Avonmore
Physics 20	Science 10 (Recommended: Math 10 C)	5	Avonmore
Chemistry 30*	Chemistry 20 (Recommended: Math 20-1 or 20-2)	5	Avonmore

QUARTER 2: Monday, November 16 - Wednesday, January 13 (no classes during winter recess of December 21 - January 1). Registration opens in October.

COURSE	PREREQUISITE(S)	CREDITS	LOCATION
ENGLISH			
English 20-2	English 10-2	5	Harry Ainlay
English 20-1	English 10-1 or English 20-2	5	Harry Ainlay
English 30-1*	English 20-1 or English 30-2	5	Harry Ainlay

MATHEMATICS

Math 20-2	Math 10 C	5	Avonmore
Math 20-1	Math 10 C or Math 20-2	5	Avonmore
Math 30-1	Math 20-1 or Math 30-2	5	Avonmore

SCIENCES

Biology 30*	Biology 20	5	Avonmore
Physics 30*	Physics 20 (Recommended: Math 20-1)	5	Avonmore
Chemistry 30*	Chemistry 20 (Recommended: Math 20-1 or 20-2)	5	Avonmore
Science 30*	One of: Science 20, Biology 20, Chemistry 20, Physics 20	5	Harry Ainlay

* Students must write a provincial diploma examination.





Self-Directed Learning

Work independently for added convenience and flexibility.

Tuesday / Thursday / Saturday 🌐 🕒

Days & Times: Tue & Thu (6:00 pm - 9:30 pm) & Sat (8:30 am - 1:50 pm)

No. of classes / hours: 21 / 80

QUARTER 1: Saturday, September 12 - Saturday, October 31 (no class on Saturday, October 10). Registration opens August 17th.

COURSE	PREREQUISITE(S)	CREDITS	LOCATION
ENGLISH			
English 30-1*	English 20-1 or English 30-2	5	Harry Ainlay
MATHEMATICS			
Math 20-1	Math 10 C or Math 20-2	5	Avonmore
Math 30-1*	Math 20-1 or Math 30-2	5	Avonmore
Math 30-2*	Math 20-2	5	Avonmore
SCIENCES			
Biology 30*	Biology 20	5	Avonmore
Physics 30*	Physics 20 (Recommended: Math 20-1)	5	Avonmore
Chemistry 20	Science 10 (Recommended: Math 10 C)	5	Avonmore
Chemistry 30*	Chemistry 20 (Recommended: Math 20-1 or 20-2)	5	Avonmore
Science 30*	One of: Science 20, Biology 20, Chemistry 20, Physics 20	5	Harry Ainlay
SOCIAL STUDIES			
Social 30-1*	Social Studies 20-1 or Social Studies 30-2	5	Harry Ainlay

QUARTER 2: Tuesday, November 17 - Thursday, January 14 (no classes during winter recess of December 21 - January 1). Registration opens in October.

COURSE	PREREQUISITE(S)	CREDITS	LOCATION
ENGLISH			
English 30-1*	English 20-1 or English 30-2	5	Harry Ainlay
English 30-2*	English 20-2	5	Harry Ainlay
MATHEMATICS			
Math 30-1*	Math 20-1 or Math 30-2	5	Avonmore
Math 30-2*	Math 20-2	5	Avonmore
Math 31	Math 30-1 or Math 30 Pure	5	Avonmore
SCIENCES			
Biology 20	Science 10	5	Avonmore
Biology 30*	Biology 20	5	Avonmore
Chemistry 30*	Chemistry 20 (Recommended: Math 20-1 or 20-2)	5	Avonmore
SOCIAL STUDIES			
Social 30-2*	Social Studies 20-2	5	Harry Ainlay

* Students must write a provincial diploma examination.

With Self-Directed Learning, you have the ability to set your own pace and work independently through supplied print materials. Program includes access to a teacher advisor.

Self-Directed Learning at Metro is open to students 20 years of age or older on September 1, 2020. If you are under the age of 20, please contact Argyll Centre at 780.465.1299, or find your nearest location of The Learning Store at <http://outreach.epsb.ca>.

For upgrading students, particularly those who have been away from school for an extended period of time, instructed classroom learning is the best choice. Metro does not offer online courses.

For more information, and to find out if Self-Directed Learning is the answer for you, call 780.428.1111 or email metro@epsb.ca.

Checklist before registering:

Metro wants you to be successful. Here is what you should consider before registering:

- » Completing a 5-credit course requires a considerable time commitment. In addition to class time, you will need a minimum of one to two hours after each class for assignments and studying for exams.
- » Make sure you have the required course prerequisites. Prerequisites ensure that you have the skill set and knowledge base for a course. Metro also advises you to review the course recommendations (listed along with the prerequisites).
- » Classes move at a quick, steady pace. All courses are offered in 80 hours. Classes in most high schools total approximately 125 hours. Based on this pace, we recommend you take only one class per term.

FAQ

Frequently Asked Questions



I am under 20 and a student from another school division. Can I take a course with Metro?

At this time, Metro is only able to accept students under 20 years of age from within the Edmonton Public School Division, or students over 20 years

I'm under 20 and registered at another Edmonton Public Schools high school. Can I take a course with Metro?

In most cases, yes. You will need to have proof of prerequisite courses when you register.

NOTE: Alberta Education does not allow:

- » Junior high school students to register in high school credit courses until they successfully complete Grade 9
- » Students to register in the same course at two schools in the same semester
- » Students who are in a homebound program or have unique special needs to register at two different schools

I'm under 20 and not in school. I'd like to go back to school. What do I do?

Call Metro to speak with our counsellor who will help you plan your high school program.

Where can I get help with academic or career counselling?

Two excellent places to start are:

- » alis.alberta.ca or 780.422.4266
- » bgsenterprises.com or 780.425.6655

You may also speak with a Metro academic counsellor.

Do I need the prerequisite courses?

Yes, if you are under 20 years old on September 1 or if you are applying for a part-time bursary.

If you are an adult student 20 years of age or older on September 1 and you do not have the prerequisite course, please contact a Metro academic counsellor to discuss your program.

What is an Adult High School Equivalency Diploma?

This is a recognized Alberta high school diploma awarded to adults who have been out of school for at least 10 consecutive months. Although 100 credits are required to obtain a diploma, you may be awarded credits for adult education, age and/or extensive travel. You can apply for this diploma through Metro for a \$60 processing fee (for Alberta records) or a \$120 processing fee (for out-of-province credit evaluation). This service will be provided free of charge for students currently registered with Metro who attended high school in Alberta. Call Metro for more information.

What is mature student status?

If, as of September 1, 2020, you are 19 years of age or older, or have a high school diploma recognized by Alberta Education, you may:

- » Earn credits toward an adult equivalency diploma
- » Write a diploma exam worth 100% of the final mark
- » Earn prerequisite credits through the successful completion of a senior-level course

TUITION IS FREE FOR STUDENTS UNDER 20 YEARS OF AGE AS OF SEPTEMBER 1, 2020.

A program fee applies for all students. See page 6 for more details.

I'm an international student in Canada on a visa. Can I take a course?

Yes. Eligible international students are required to pay international fees to take a high school credit course with Metro. If you are an adult (18 years of age or older) visiting Canada on a visa and wish to study English as a Second Language, call Metro for more information.

International students must present their Study Permit or a valid visa.

Can I study here with a work permit?

No, you cannot study at Metro with a work permit. A study permit is required.

How long will it take to get my high school diploma?

The length of time it may take to complete the requirements for a high school diploma will depend on:

- » How many courses you have to complete
- » How much time you have available to attend classes
- » Your other commitments (family, work, etc.)

Students who work full-time should only take one course per semester.

Where can I obtain my high school records?

If you have taken high school courses in Alberta, you can obtain a transcript from Alberta Education by using your myPass account or through ApplyAlberta.

If you have out-of-province documents (e.g., a transcript from another province) or if you received your education outside Alberta, call Metro for help choosing the right courses.

What legal identification do I need to ensure my registration is complete?

Students are required to provide legal identification and proof of address if any of the following conditions apply:

- » Previously attended high school outside of Alberta
- » New student to Edmonton Public Schools
- » Not a Canadian Citizen or Permanent Resident.

Photo ID and one of the following identification documents must be presented if the above conditions apply:

- » Canadian Birth Certificate
- » Canadian Passport
- » Canadian Citizenship Certificate
- » Permanent Resident Card
- » Temporary Resident Permit

For a complete list of identification options, please visit metrocontinuingeducation.ca.

Any change of address requires accompanying documentation.

Funding Guidelines



Experienced Metro staff can simplify the funding application process and help students who wish to apply for financial assistance from Alberta Works. Guidelines regarding funding eligibility are available from Alberta Learning Information Service (ALIS) at alis.alberta.ca or from Metro.

Students over 20 years of age may be eligible for a part-time bursary (non-repayable funding). Bursaries for part-time study are intended to assist with program fees, tuition and books, and may also help with child care and travel expenses. Bursaries are only available for students taking high school credit courses. Approval for part-time bursaries is managed by Alberta Works.

Deadlines for fall classes: Pick up a funding information package from Metro by Friday, August 21.
You must meet with a Metro Student Advisor (by appointment only) by Friday, August 28.

High School Credit Information

Course Fees

When you register, you are required to pay all applicable fees for each course.

	Tuition	Program Fee	Refundable Textbook Deposit	Other	Total Payable to Metro
Edmonton Public Schools students under 20 years of age on September 1, 2020	No tuition	\$60	\$100 ¹	None	\$160
Students 20 years of age or older on September 1, 2020	\$589	\$60	\$100 ¹	None	\$749
International students	\$1,024	\$60	\$100 ¹	\$50 ²	\$1,184
Self-directed learning for students 20 years of age or older on September 1, 2020 ³	\$589	\$60	\$100 ¹	\$150 ⁴	\$899

- The refundable textbook deposit must be paid at the time of registration. Textbooks will be distributed during the first class. Upon the satisfactory return of the textbook you will receive a refund of \$100. Students who pay by cheque, cash or debit will receive a cheque refund – no cash refunds are available.
- There is a \$50 Diploma exam writing fee for International Students. This fee must be paid directly to Alberta Education via myPass (myPass.alberta.ca).
- Self-directed learning is available to students 20 years of age or older on September 1, 2020. If you are under the age of 20, please contact Argyll Centre at 780.465.1299 or find the nearest location of the Learning Store at <http://outreach.epsb.ca>.
- There is an additional fee of \$150 for students taking self-directed learning courses. This fee covers the cost to purchase the module packages.

Course Changes

Choose courses very carefully! Once classes start, it is difficult to transfer courses. A \$60 transfer fee per course will be charged for a student-requested transfer. There is no charge for transfers made in consultation with a Metro counsellor or administrator.

Part-time Bursary Funded Students

Students who apply for a part-time bursary through Alberta Works are not eligible for a refund once the course has started. Students must notify Metro before the course starts if they are unable to attend the course. Students must make good programming choices and consider the implications of receiving government funding.

Rewriting Diploma Exams

Students who are rewriting any Diploma exam must pay a \$26.25 rewrite fee. This fee must be paid directly to Alberta Education via myPass (myPass.alberta.ca).

Cancellations

Metro reserves the right to cancel any course. A full refund will be issued for all courses cancelled by Metro. Refunds may take up to four weeks to be processed through Edmonton Public School Financial Services.

Withdrawals

If a student withdraws before the start of the third class, 100% of the tuition will be refunded. If a student withdraws before the start of the fifth class 50% of the tuition will be refunded. No refunds will be issued after the start of the fifth class. Non-attendance does not constitute a withdrawal.

metro diploma

exam prep



Feeling stressed and overwhelmed by studying? You're not alone. Our diploma prep and academic success workshops give you the tools you need to unlock your full potential and calmly ace midterms, unit finals, and diploma exams

Affordable Pricing, Small Class Sizes, Experienced Teachers

Let Metro help you prepare to write your Grade 12 Alberta diploma exams with our popular diploma exam prep classes. In these sessions, you'll review major topics, write sample diploma exams and learn exam-writing strategies.

- » English 30-1 Part A: Written & Part B: Reading
- » English 30-2 Part A: Written & Part B: Reading
- » Math 30-1 & 30-2
- » Biology 30
- » Chemistry 30
- » Physics 30
- » Science 30
- » Social Studies 30-1 & 30-2

The exam schedule for November and January has not been released. Please refer to the Metro website in the fall for confirmed dates.



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School to Work Transition Programs

Work Experience for High School Credit

FOR STUDENTS OVER 20 YEARS OF AGE AS OF SEPTEMBER 1, 2020.

Gain job experience! Register for Work Experience 15, 25 or 35.

→ Explore a career → Add to your resumé → Earn more credits

Work Experience 35 offers students the unique opportunity to earn 10 high school credits at the 30-level, fulfilling the high school diploma requirements for two 30-level subjects. Students may apply a total of 15 work experience credits towards their high school diploma. (Neither Work Experience 15 nor Work Experience 25 is a prerequisite.)

NOTE: A minimum of 75 hours (3 credits) of participation is required in this program.

Prerequisites:

You must:

- » Have transportation to and from work
- » Complete an interview with a Metro Work Experience Coordinator. To book an interview, call 780.428.1111.

After School

ONLINE PROGRAMS

Metro's online after school enrichment programs provide students with engaging learning opportunities to discover STEM (science, technology, engineering, math), enhance skill-building, and explore personal interests.

For all online classes, a computer with a camera is required and a computer mouse recommended. Information on additional requirements or supplies required can be found on our website.

STEM Programs



Mastering Math: After School Math Jam

Join the Math Jam! With a small group of just five students and your math instructor, you will elevate your math skills in this virtual class of calculation. Play virtual games and problem solve as you enhance your knowledge of number concepts and operations from the Alberta curriculum. You will learn to connect your math thinking to the real world and become a math master!

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 21 - Oct 19	1 - 2	Mon & Wed	4 pm - 5 pm	\$159
Sep 22 - Oct 15	1 - 2	Tue & Thu	4 pm - 5 pm	\$159
Sep 21 - Oct 19	3 - 4	Mon & Wed	4 pm - 5 pm	\$159
Sep 22 - Oct 15	3 - 4	Tue & Thu	4 pm - 5 pm	\$159
Sep 21 - Oct 19	5 - 6	Mon & Wed	4 pm - 5 pm	\$159
Sep 22 - Oct 15	5 - 6	Tue & Thu	4 pm - 5 pm	\$159
Sep 21 - Oct 19	7 - 8	Mon & Wed	4 pm - 5 pm	\$159
Sep 22 - Oct 15	7 - 8	Tue & Thu	4 pm - 5 pm	\$159
Sep 22 - Oct 15	9	Tue & Thu	4 pm - 5 pm	\$159

Beakers, Flasks & Science Tasks

If you find yourself wondering what actually happens in chemical reactions or why skyscrapers don't tip over in windstorms, this class is for you! You will become a true scientist in the making as you explore scientific concepts through experiments and building. Think, ask questions and explore! Come join us. We Zinc you will like it.

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 23 - Oct 21	4 - 6	Wed	4 pm - 5 pm	\$69

Code Discoverers

Learn early coding concepts in this fun introduction to computer coding! You will problem solve to learn block coding, algorithms, sequencing and events. You'll also develop solid keyboard and mouse skills and learn the basics of computer hardware. You will have so much fun you won't even realize you're building new skills! In partnership with Discover Coding.

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 21 - Oct 21	1 - 3	Mon & Wed	4 pm - 5 pm	\$139



Code Explorers

Learn to code your first app, story or game using block coding! Explore the fundamentals of computers, computing science, game design and coding in Scratch. Problem solve through fun and discovery and share your cool creations with friends and family! In partnership with Discover Coding.

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 22 - Oct 20	4 - 6	Tue & Thu	4 pm - 5:30 pm	\$169
Sep 21 - Oct 21	4 - 6	Mon & Wed	4 pm - 5:30 pm	\$169



Digital Makers: Junior Writers, PART A

Take your creative writing virtual! In this class you will build your writing skills while learning how to code with HTML and CSS. At the end of the program you will have developed a webpage to showcase your original short story with family and friends! Offered in partnership with Discover Coding. *Students must have an email address.

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 22 - Oct 20	4 - 6	Tue & Thu	4 pm - 5 pm	\$149

Digital Makers: Junior Writers, PART B

Think about a topic you're passionate about...now envision a website dedicated to it! In this class you'll have the opportunity to research a topic that interests you, write about it and create a website to share it! Not only will you enhance your expository writing skills, but also learn to build a website with cool tools and User Experience (UX) in mind. Share your passion with the world! Offered in partnership with Discover Coding. *Students must have an email address.

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 23 - Oct 21	4 - 6	Wed & Fri	4 pm - 5 pm	\$149

Python Discoverers

Want to take your coding game and problem-solving skills to the next level? In this class you'll learn the basics of the Python programming : a "grown-up" language. You will learn about computer science, including basic data types, arithmetic operations and control flows, variables, loops and debugging. Come join the Python crew! In partnership with Discover Coding.

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 23 - Oct 21	5 - 8	Wed & Fri	4 pm - 5:30 pm	\$169

Curious Curies

Calling all mini Marie Curies! If you like to get your hands dirty and experiment with things in the world around you, come join us! In this class your curiosity will have you asking scientific questions that will lead to bubbling chemical reactions, building challenges and more. Don't forget your lab coat!

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 24 - Oct 29	1 - 3	Thu	4 pm - 5 pm	\$69

Enrichment Programs



Babysitting Basics

Do you want to join the real life babysitters club? In this online Babysitting Basics program you will participate in hands-on activities and training discussions as you gain important skills like the first aid for choking, caring for burns and child safety. After successfully completing the course, you will receive a completion card along with an easy reference babysitting manual. In partnership with Second Chance CPR & First Aid.

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 29 - Oct 1	5 - 9	Tue & Thu	4 pm - 7:30 pm	\$109
Oct 5 - Oct 7	5 - 9	Mon & Wed	4 pm - 7:30 pm	\$109

Cooks Who Love Books

Read some fiction, get busy in the kitchen! Devour great stories this fall to inspire your creation of mouth-watering treats made from simple ingredients found at home. With an opportunity to meet and share recipes with other book-loving cooks, you are sure to leave this class with a happy heart and full belly!

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 22 - Oct 20	1 - 3	Tue	4 pm - 5 pm	\$69



Find Your Inner Photog

Click! Learn how to be an expert phone photographer in this summer camp. You will become comfortable with your device's camera settings while you learn tips and tricks to take impressive photos! Explore the elements of photography, such as composition, colour and point of view, as well as various photo apps to enhance your photographs. See you soon, photogs. Note: Students must bring their own devices (i.e. phone or tablet).

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 22 - Oct 15	7 - 9	Tue & Thu	4 pm - 5 pm	\$119

Kick it Up!

Come kick it with us! Get in shape through kickboxing and fitness as you learn the basics of basic martial arts training. In a fun online environment, you'll learn basic blocking, kicking and punches and leave stronger and more confident. In partnership with Impact Martial Arts.

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 21 - Oct 19	4 - 9	Mon & Wed	4 pm - 5 pm	\$129

Martial Arts for Kids

Join Master Hamilton in an introduction to martial arts! In a safe and supervised online environment, you will learn the basics of martial arts, become stronger and develop self-defence skills all while having fun with new friends! As you become a martial artist, you will also develop a positive attitude, perseverance, self-control and confidence. In partnership with Impact Martial Arts.

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 22 - Oct 15	1 - 6	Tue & Thu	4 pm - 4:45 pm	\$119



Learn & Play Chess

Do you like chess or want to learn how to play? In this camp you will develop logical and strategic thinking skills while learning the international rules and etiquette of chess. You'll hone your focus and planning skills as you explore openings, tactics, strategies and checkmating. Come join us to see why everyone loves this classic game! In partnership with Roving ChessNuts.

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 21 - Nov 18	1 - 4	Mon & Wed	4 pm - 5 pm	\$199
Sep 22 - Nov 19	5 - 9	Tue & Thu	4 pm - 5 pm	\$199

Storytime Yoga

This introduction to yoga and mindfulness explores fun ways to move your body and improve your focus. Our practice is based around a story with an animal and/or outdoor theme, contributing to literacy skills and awareness of other living beings and our environment. Each class ends with a simple craft.

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 21 - Oct 19	1 - 3	Mon & Wed	4 pm - 5 pm	\$119

YouTube Content Creators

Find your voice and leave your mark on the world! Whether you are six or sixty you could be the next YouTube star! In this class you will explore YouTube to find your niche, learn the do's and don'ts of the platform and enhance your on-camera presence. You will also create your own channel branding and develop professional editing skills. Take home a plan for launching your own YouTube channel and share your content with family and friends. Offered in partnership with Black Rocket. *A webcam is required for this course. Compatible with Mac and Windows OS only.

DATES	GRADES	SCHEDULE	TIMES	FEE
Sep 26 - Oct 31	4 - 9	Saturday	10 am - 12 pm	\$149

metro

helps students achieve their educational goals.

Great programs for students of all ages:

- » High School upgrading for students and adult learners
- » High School Summer School
- » Summer Camps for grades 1-9
- » Online After School Programs



ABOUT metro

Our vision is to provide outstanding learner-focused educational experiences to foster academic, personal and professional growth. We work to build community and promote lifelong learning for students of all ages.

Adult Continuing Education

Metro offers hundreds of evening, daytime and online adult continuing education classes to fit your busy schedule. Choose from art, business, technology, fitness, languages and more.

Academic Success

Our academic classes are available for students of all ages. Programs include part-time evening and weekend high school upgrading, Summer School, diploma exam preparation, and elementary and junior high enrichment courses.

English Language Institute

Learning English is about more than just mastering the language; it's a great opportunity to learn more about Canada. Metro's English Language Institute provides part-time and full-time instruction to hundreds of adult students.

The Bennett Centre

The Bennett Centre offers educational programming for all grades and is also an excellent retreat or meeting destination for community and corporate groups.



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