

Supply List

Class Name: Introduction to Painting with Watercolours

Instructed By: Cindy Barratt

IMPORTANT: *Please DO NOT purchase any supplies until you receive an email from Metro, confirming that the class is running (periodically classes are cancelled due to low enrollment). An email confirmation will be sent a minimum of 2 business days prior to the class start date or you will be notified that the class has been cancelled. Please note: If you do not receive an email as stated above, be sure to check your spam inbox.*

Due to severe allergies, the instructor kindly requests that students do not wear perfumes, colognes, etc. Thank you.

Supplies may be purchased anywhere you choose; however, supplies should be available at most art stores (i.e. Delta Art & Drafting, Michaels, The Paint Spot, etc.). When buying supplies, remember to bring your Metro class receipt as many art stores offer a discount to students. You can also price check online at the various art store websites.

Please bring the following supplies to class (and feel free to bring any additional supplies you may have):

Paper: 140 lb Arches Medium - Cold Pressed, or similar quality (good paper is very important, so I recommend purchasing a full sheet (22 x 30") or 2 of watercolour paper rather than booklets). If you wish to work on stretched paper please prepare this at home or you may use watercolor blocks. Scraps (old discarded paintings/cropped edges) are handy for testing and practice.

Other Materials:

- Pencil, eraser, paper or sketch pad
- Paper towels, rags, (cellulose sponges are also good for water control)
- Palette or white plates or white plastic lids to mix your paint on
- 2 water containers (I use recycled plastic containers)
- Spray bottle (fine mist) - I use recycled hair product spray bottles or try the dollar store
- Plastic table cover

Optional Items:

- Graphite transfer paper (some will be available to borrow from the instructor)
- Hair dryer, masking fluid and bar of soap, masking or green tape

****Please see below for alternative cost-saving suggestions for brushes and paint sets (ideal for beginners and/or those who don't wish to invest a lot of money in supplies).**

Brushes: Bring all the brushes you have available. I use a variety of watercolour, acrylic and oil brushes (or these are my suggestions):

Flat Brushes

- one soft one for washes - approx. 1" wide (Hake brush is fine)
- one approx. ½" wide – a firm synthetic brush with ½" long "hair" used for blending.

Round Brushes (2 - 3 will suffice)

- Approx. sizes #4, #6, #8, #10, #12 (these numbers refer to short handle brushes)
- one script liner (#1 or #2) or a small thin brush for detail
- (optional) - one round bristle brush (similar to size 8 or 10 round) or 1/4" flat bristle brush.

Watercolour Paints: The quality of paints will affect your final product - if you are just learning and want to experiment first, then student quality such as Grumbacher Academy, Cotman, Reeves, etc are ok.

You WILL NOT get superior color results with student grade paints. I use Winsor & Newton (Artist Quality).

Suggested Basic Colours: These are W&N colours & some brands may have different names:

- Aureolin Yellow or New Gamboge,
- Phthalo Green or Winsor Green (blue shade),
- Alizarin Crimson,
- Phthalo Blue or Winsor Blue (red shade) or Ultramarine Blue,
- Burnt Sienna

Optional Colours: These are many of the colours on Cindy's palette, but students do not need all listed, but should make choices applicable to their situation, i.e. costs, preference of colours and pigments.

- Winsor Orange (red shade) or Cadmium Orange,
- Winsor (Dioxazine) Violet or Purple,
- Yellow Ochre, Indian Yellow or Quinacridone Gold,
- Cobalt Blue,
- Pink Colour if you wish to paint pink flowers - such as Opera Rose, Rose Madder Genuine OR Permanent Rose and bring any other colours you may have.

****Suggestions for Beginners and Cost Savings**

- Basic supplies can be purchased for approximately \$25.00 - \$35.00.
- Dollar Stores offer cheap pricing on supplies such as brushes. Dollar store paints are usually not very good quality.
- Michaels has value packages of brushes. There are a few choices of packages, which contain 25 brushes for about \$8.00. One of these packages will get you started.
- Michaels has Artist Loft Fundamentals Watercolour paint sets (12 colours) approx. \$8.00 or Semi-Moist Pan sets by Prang for between \$8.00 - \$20.00
- Michaels has weekly coupons so keep an eye out for them or go to their website to print them off.
- Delta Art offers great prices all the time and even better sales. Their staff are very knowledgeable and helpful.
- Delta has various "art advantage" products, paints, brushes. Their "art advantage" brush sets run about \$15.00
- Delta carries a variety of basic watercolour paint sets:
 - Reeves tubes or pan sets run approx \$10.00 - \$23.00
 - Yarka Watercolour Semi-Moist sets approx \$7.50 - \$10.00
 - 8 ml tubes of Cotman watercolours are \$4.75 each
- Delta carries a variety of watercolour papers and pads for various prices.
 - Arches 140 lb medium - cold press (22 x 30" sheet) approx. \$10.00
 - Canson w/c 140 lb paper is a cheaper alternative to Arches
 - pad 11 x 15" is \$12.85 at Delta and \$26.99 at Michaels