

metro

# class



EDMONTON PUBLIC SCHOOLS  
metro continuing education

Fall  
09

FALL 2009

CALENDAR SUPPLEMENT

Get a head start on the holidays with Metro... Hundreds of courses to make your season sparkle and shine.



**LEARN SOMETHING NEW AT METRO.** *One course at a time.*

To register, call: 780.428.1111 or go online 24/7 at [metrocontinuingeducation.ca](http://metrocontinuingeducation.ca).

EDMONTON PUBLIC SCHOOLS



## Festive & ready for holiday entertaining!

### Hors d'Oeuvres for Entertaining (0064043) **NEW**

The season of entertaining is fast approaching. Take this class to learn to make tasty new dishes that are sure to wow your guests! A selection of new, hot and cold appetizers will be demonstrated. **Demonstration course.**

(3 hrs) Fee: \$109

DAY(S)	START DATE(S)	TIMES	SITE
Wed	Nov 25	6:30 - 9:30 pm	HA

### Holiday Elves: Cookies, Bars & Tarts (0064047) **NEW**

Prep yourself for the holidays with a loaded freezer full of yummy holiday goodies. Mix and measure your way to warm, succulent gingerbread angels, melt-in-your-mouth cinnamon-pecan shortbread, orange-scented brownies dotted with dried cranberries and velvety amaretto cheesecake squares. Make sure to bring something to store your freezer-ready goodies in. **Hands-on course.**

(6.5 hrs) Fee: \$259

DAY(S)	START DATE(S)	TIMES	SITE
Sat	Nov 28	9 am - 3:30 pm	HA

### Holiday Elves: Decadent Appetizers & Confections (0064048) **NEW**

Hosting a party this year? Give your guests something to rave about with delightful treats and hors d'oeuvres. Learn to make Kahlua-flavoured fudge, chewy macadamia nut toffee, mini sweet potato latkes with spiced crème fraiche and pecans, cream cheese, olive and rosemary rugelach and more. **Hands-on/demonstration course.**

(6.5 hrs) Fee: \$259

DAY(S)	START DATE(S)	TIMES	SITE
Sat	Dec 5	9 am - 3:30 pm	HA

### Mrs. Claus' Bake & Take (0062056)

Be Mrs. Claus for a day as you prepare an inventory of holiday goodies guaranteed to elicit delightful "ohhs" and "ahhs" from your guests and family. Look forward to making an array of cookies, squares and dainties, including cherry slice, almond bars, Rocky Mountain shortbread and more. **Hands-on/demonstration course.**

(3 hrs) Fee: \$129

DAY(S)	START DATE(S)	TIMES	SITE
Sat	Nov 28	9 am - noon	AMK
Sat	Dec 5	9 am - noon	AMK

### Top Wines Under \$20 (0089455)

It's always a thrill to find a great wine under \$20! Discover how wine is priced, why it is priced this way and what wines are worth the price. This class will cover eight great wines in a practical tasting with some further suggestions on other wines you can find. The instructor will discuss, with brutal honesty, good value and bad value wines. Get ready for a fun and informative evening.

(3 hrs) Fee: \$89

DAY(S)	START DATE(S)	TIMES	SITE
Thu	Oct 22	6:30 - 9:30 pm	BWS
Mon	Nov 23	7 - 10 pm	CWS

## ONLINE in December – Metro's 2010 Winter courses!

Have the *Class Calendar* mailed to your home or business. Call 780.428.1111.

[metrocontinuingeducation.ca](http://metrocontinuingeducation.ca)



## Gift giving with a personal touch!

### Fused Glass Pendants (0065446)

From squares and triangles to rectangles and diamonds, fused glass pendants are beautifully unique. Discover the world of hot glass and the fun of fusing by learning how to create your own glass pendants. **Tool rental/supplies fee: \$45 plus GST**

**(2.5 hrs) Fee: \$79**

DAY(S)	START DATE(S)	TIMES	SITE
Mon	Nov 16	6:30 - 9 pm	BSG
Wed	Dec 2	6:30 - 9 pm	BSG

### Hand-Dipped Chocolates (0062051)

Calling all chocoholics! Learn to make traditional hand-dipped chocolates, fondant and hard centres of caramel, nougat and almond crunch. You'll dip and take home approximately two pounds of chocolate. Can you resist? **Hands-on/demonstration course.**

**(6 hrs) Fee: \$129**

DAY(S)	START DATE(S)	TIMES	SITE
2 Wed	Oct 28	6:30 - 9:30 pm	AMK

### Body Booty Baskets (0065642)

Make an entire gift basket filled with fragrantly scrumptious natural body products. Choose the morning or afternoon session, or both! In the morning session, make a light moisturizing soufflé, an exfoliating salt scrub, fizzy bath truffles, silky massage oil and rich body butter. In the afternoon, fill your gift basket with meringue body moisturizer, layered bath salts, a solid butter bar, exfoliating body bars and a soothing milk bath. Scentsing products is optional. Baskets, cellophane ribbon and product containers included. Supplies are needed.

**(3 hrs) Fee: \$109**

DAY(S)	START DATE(S)	TIMES	SITE
Sat	Nov 21	9 am - noon	M
Sat	Nov 21	12:30 - 3:30 pm	M

### Food Gifts for Holiday Giving (0064044) **NEW**

This year, cut down on your expenses and give the gift that is always appreciated — food! Learn to craft delicious delectables that you can make now and give throughout the winter season. **Demonstration class.**

**(3 hrs) Fee: \$109**

DAY(S)	START DATE(S)	TIMES	SITE
Wed	Dec 9	6:30 - 9:30 pm	HA



## Be the holiday power couple!

### Massage for Couples (55516)

A truly great massage is therapeutic, relaxing and brings couples closer together. Enhance your relationship by learning and applying basic massage techniques as a couple. Supplies are needed.

**PLEASE REGISTER IN COUPLES.**

**(7 hrs) Fee: \$79** (Price is per person.)

DAY(S)	START DATE(S)	TIMES	SITE
Sat	Nov 28	9 am - 4 pm	M
Sat	Dec 5	9 am - 4 pm	M
Sat	Jan 16	8:30 am - 3:30 pm	M

### Wines of the World (0089462) **NEW**

Learn about wines from around the world. You'll focus in greatest detail on the wines from Italy, France, South Africa and Canada. We'll also focus on regional styles and how to read labels. The six red and white wines you'll sample will be bold and pleasing to a wide range of wine lovers. The tasting will be accompanied by an overview of wineries in South Africa, Italy and Canada. Enjoy a relaxing and entertaining evening of wine education and travel information.

**(3 hrs) Fee: \$89**

DAY(S)	START DATE(S)	TIMES	SITE
Mon	Nov 2	7 - 10 pm	CVS
Mon	Nov 16	7 - 10 pm	AG

### Will Drafting (0042375) **NEW**

Learn the elements of will drafting, and what you can and can't do with a will. This class involves discussion of some of the distributions and powers in a will, what types of property the will can and cannot deal with and what some of the pitfalls are with drafting wills.

**(2.5 hrs) Fee: \$15**

DAY(S)	START DATE(S)	TIMES	SITE
Tues	Oct 20	7 - 9:30 pm	M

### Thai it Up! (0064035)

Love the flavour and spices in Thai food? This class will not disappoint. Thai cuisine is considered among the world's most delicious, with a unique blend of particular tastes: hot (spicy), sour (piquant), sweet and always highlighted with citrus (lemongrass and lime).

**Hands-on course.**

**(3 hrs) Fee: \$109**

DAY(S)	START DATE(S)	TIMES	SITE
Sat	Nov 7	9 am - noon	HA

### Hawaiian Taste Escape (0064049) **NEW**

Take a break from the cold weather and stimulate your taste buds with these Hawaiian fusion menu items. Tropical tastes include smooth macadamia nut hummus, poi blini with smoked salmon and dill crème fraiche, and Maui Wowi tuna burgers. This menu is bound to leave you with visions of sandy beaches and hula dancing. **Hands-on course.**

**(3 hrs) Fee: \$109**

DAY(S)	START DATE(S)	TIMES	SITE
Sat	Jan 16	9 am - noon	HA

### Ballroom Dance (40150)

Cha-cha your way to confidence, while waltzing towards feeling at ease in any social environment. Learn the basic step patterns of foxtrot, jive/swing, waltz and cha-cha.

**PLEASE REGISTER IN COUPLES.**

**(12 hrs) Fee: \$105** (Price is per person.)

DAY(S)	START DATE(S)	TIMES	SITE
6 Tue	Oct 27	7:30 - 9:30 pm	MK
6 Tue	Jan 12	7:30 - 9:30 pm	MK
6 Mon	Jan 18	6:45 - 8:45 pm	ML
6 Wed	Jan 27	7:30 - 9:30 pm	QA

### Two-Step Introduction (40178)

Feel left out when you see others having fun doing the two-step? Then this workshop is for you! Bring your partner and explore the basics of country and western dance.

**PLEASE REGISTER IN COUPLES.**

**(6 hrs) Fee: \$69** (Price is per person.)

DAY(S)	START DATE(S)	TIMES	SITE
3 Wed	Nov 25	7 - 9 pm	MA
3 Wed	Feb 3	7 - 9 pm	MA

### Spanish in a Day (0089454)

If you are travelling to a Spanish-speaking country and want to be able to ask directions, order meals, count change, barter and learn the most important vocabulary to communicate politely and effectively, this intensive one-day course is perfect for you! We'll focus on building your Spanish vocabulary and pronunciation skills, and you'll also receive invaluable cultural tips to make your vacation even more memorable.

**(6 hrs) Fee: \$99**

DAY(S)	START DATE(S)	TIMES	SITE
Sat	Oct 24	9 am - 3:30 pm	HA
Sat	Nov 28	9 am - 3:30 pm	HA
Sat	Jan 30	9 am - 3:30 pm	HA

### French Just for Travellers (0095018) **NEW**

Whether you're planning to travel to a French-speaking province or country, or just want to learn to speak French more fluently, this is the perfect course for you. Grammar and vocabulary will be introduced, and topics will be broad.

**(20 hrs) Fee: \$199**

DAY(S)	START DATE(S)	TIMES	SITE
8 Thu	Jan 14	7 - 9:30 pm	HA

### Budget Boot Camp (0060672)

In these tough economic times, it's important to learn strategies that enable you to stretch every dollar earned. Discover how to increase your cash flow within your existing budget and develop habits that will ensure your financial independence and security. You'll also learn to distinguish between good and bad debt.

**(3 hrs) Fee: \$99**

DAY(S)	START DATE(S)	TIMES	SITE
Sat	Oct 24	9 am - noon	M
Sat	Feb 6	9 am - noon	M

### Travel Photography (92034)

Taking a vacation? Discover how to record your trip with a variety of visually rewarding photographs. Learn how to design and construct interesting and varied visual themes and stories, what equipment to travel with and how to protect it.

**(3 hrs) Fee: \$99**

DAY(S)	START DATE(S)	TIMES	SITE
Mon	Nov 2	6:30 - 9:30 pm	M

### How to Use Your Digital Camera (0092185)

Do you know how all the buttons and functions on your digital camera work? Do you know what to do with your pictures once you've filled your memory card? Bring your camera and manual, and get ready to learn about automatic and adjustable settings, menus, exposure, controls, flash, white balance and image quality. Discover how to get your pictures into your computer and what the options are for processing.

**(6 hrs) Fee: \$129**

DAY(S)	START DATE(S)	TIMES	SITE
2 Tue	Nov 3	6:30 - 9:30 pm	MA
2 Thu	Dec 10	6:30 - 9:30 pm	MA
2 Tue	Jan 19	6:30 - 9:30 pm	M

Stay up-to-date on Metro's new courses and special offers.

Visit [metrocontinuingeducation.ca](http://metrocontinuingeducation.ca) to sign up for Metro's online newsletter.



# Metro courses make the perfect holiday gift.

Visit [metrocontinuingeducation.ca](http://metrocontinuingeducation.ca) to view a complete list of Metro courses.



## Indulge her inner diva – what SHE wants!

### Belly Dance Level 1 (0040181)

Belly dance is an exotic Middle Eastern art form that has been making waves in North America for a number of years. It's ideal for those looking to spice up their life with a little adventure. Learn the basic dance steps and veil moves of this historic dance and put them together in a short choreography. Strengthen underused muscles and increase your flexibility with the amazing art of belly dance!

**PARTNER NOT REQUIRED.**

**(12 hrs) Fee: \$119**

DAY(S)	START DATE(S)	TIMES	SITE
8 Tue	Jan 26	6 - 7:30 pm	BRM
8 Wed	Jan 27	6 - 7:30 pm	AL
8 Thu	Jan 28	6:30 - 8 pm	STH

### Shake 'n' Shimmy (0040687) **NEW**

Start your weekend off with a shake and shimmy on your way to a new you. We'll use belly dance and aerobic movement to get your heart pumping, yoga for increased flexibility and what would an exercise class be without strength training? Come prepared with two or five pound arm weights, a yoga mat and a smile. Strengthen your body and sweat off those calories! No experience necessary.

**(8 hrs) Fee: \$119**

DAY(S)	START DATE(S)	TIMES	SITE
8 Sat	Jan 23	11:50 am - 12:50 pm	MA

### Salsa Sizzle (0040547)

Try a workout that feels like you just did a round on Dancing with the Stars! This dance-fitness course is based on the movements of salsa, merengue, mambo and other Latin dance forms. It also incorporates elements of cardio, cross and strength training, and relaxation. This is a unisex class that requires no dance experience, just a sense of fun!

**(6 hrs) Fee: \$109**

DAY(S)	START DATE(S)	TIMES	SITE
6 Tue	Jan 12	6:15 - 7:15 pm	MK
6 Mon	Feb 8	7:30 - 8:30 pm	BRM



### Zumba® (0040688) **NEW**

Zumba® is a fusion of Latin and international rhythms that creates a dynamic and energetic fitness workout. The routines feature interval training sessions where fast and slow rhythms are combined to tone and sculpt your body while burning fat. These rhythms include the merengue, salsa, reggaeton, samba and cumbia. You don't need to be coordinated or know how to dance to do Zumba®. It's a great workout for everybody regardless of age, size and fitness level.

**(8 hrs) Fee: \$129**

DAY(S)	START DATE(S)	TIMES	SITE
8 Sat	Jan 16	10:45 - 11:45 am	MA

### Floral Design Level 1 (67020)

*Energetically Paced*

Learn how to apply the elements and principles of design, floral shapes and forms, focal point and colour theory in this entry level floral design course. Discover how to care for and handle cut flowers. You'll wire, tape, choose containers, make ribbons and bows, and create a variety of arrangements ranging from triangular, round, line, one-sided, novelty, centrepiece, corsage and boutonniere. Discussions to include: shipping and handling, fillers, tinting, painting, theory and more. Tools are needed.

**(30 hrs) Fee: \$425 Materials: \$350**

DAY(S)	START DATE(S)	TIMES	SITE
Mon - Fri	Jan 18	8:30 am - 3 pm	M

### Window Fashions (69190)

Window fashions serve two important functions in your home: practical and aesthetic. You want your window coverings to be up-to-date, add ambiance, make a decorating statement and at the same time filter light, create privacy and provide insulation. Learn from a window fashion design expert how to narrow down the countless style, fabric and colour choices available in order to make the right window fashion choices for your home.

**(6 hrs) Fee: \$129**

DAY(S)	START DATE(S)	TIMES	SITE
2 Wed	Nov 18	6:30 - 9:30 pm	M

### Fundamentals of Digital Cameras (0092021)

Learn the proper use of many aspects of your digital camera to create better photos. This is your opportunity to jump-start your photography knowledge with fellow enthusiasts. Gain an understanding of some easy-to-master photographic principles that apply to all types of photography. This beginner course is for owners of digital SLRs and point-and-shoot cameras that have aperture and shutter controls. Three hours of practice per week is suggested.

**Prerequisite(s):** How to Use Your Digital Camera (0092185)

**(12 hrs) Fee: \$209**

DAY(S)	START DATE(S)	TIMES	SITE
4 Thu	Nov 12	6:30 - 9:30 pm	M
4 Tue	Nov 17	6:30 - 9:30 pm	MA
4 Sat	Jan 9	9 am - noon	M
4 Mon	Jan 11	6:30 - 9:30 pm	M

### Makeup Magic (68282)

Look your absolute best with makeup that suits your colouring (for women under 40). Learn makeup techniques used in the television and film industry to look your best and which suit your individuality. Supplies are needed (available for purchase in class).

**(6 hrs) Fee: \$89**

DAY(S)	START DATE(S)	TIMES	SITE
Mon & Wed	Oct 26	6:30 - 9:30 pm	EST
Mon & Wed	Nov 16	6:30 - 9:30 pm	EST
Mon & Wed	Jan 25	6:30 - 9:30 pm	HA

### Embrace Your Face (0065912)

Create detoxifying facial mud, stimulating cleanser, revitalizing toner, moisturizer, effective under-eye treatment and eye gel that will leave your skin soft, glowing and refreshed. Your face will love you! Supplies are needed.

**(3 hrs) Fee: \$69 Materials: \$25**

DAY(S)	START DATE(S)	TIMES	SITE
Thu	Oct 22	6:30 - 9:30 pm	AMK
Sat	Nov 28	9:30 am - 12:30 pm	AMK

### Chocolate & Wine (0089460)

Cater to your senses as you learn about and taste decadent chocolate from local boutique producers, while pairing it with dessert-style wines. Discover which chocolate best complements carefully selected and fortified wines. Prepare for a sinfully satisfying evening. Five to six wines will be sampled.

**(2.5 hrs) Fee: \$105**

DAY(S)	START DATE(S)	TIMES	SITE
Mon	Dec 7	7 - 9:30 pm	CWS

### Acrylic Landscapes (0080632) **NEW**

Experiment with colour-handling of acrylic medium and painting techniques in this exciting workshop. Workshop will include demonstration, discussion and individual assistance. Two design and photo references for 9" x 12" canvases will be supplied, or you may bring your own reference photos. Beginner to intermediate levels. Supplies are needed.

**(6 hrs) Fee: \$119**

DAY(S)	START DATE(S)	TIMES	SITE
Sat	Nov 28	9:30 am - 3:30 pm	HA



## Rock his world – what HE wants!

### Cardio Kickboxing (0040689) **NEW**

Kick into a full-body cardio workout using intensive boxing and martial arts moves, set to motivational music. You'll tone your shoulders, arms and legs in this non-stop, high energy course. Anyone can participate, regardless of fitness level.

**(8 hrs) Fee: \$129**

DAY(S)	START DATE(S)	TIMES	SITE
8 Sat	Jan 16	9:30 - 10:30 am	MA

### Fencing for Adults: An Introduction (40300)

En Garde! The fancy footwork and clashing of two connecting swords is all about method and precision. Held in co-operation with the Edmonton Fencing Club, this class will teach you the sport of fencing in a friendly, non-competitive atmosphere. All equipment is included in the fee and will be provided in class.

**(7.5 hrs) Fee: \$115**

DAY(S)	START DATE(S)	TIMES	SITE
5 Wed	Nov 4	8:30 - 10 pm	EFC
5 Wed	Jan 13	8:30 - 10 pm	EFC

### Stand-Up Comedy (0055214)

Discover your unique sense of humour. Use it at all times and in any situation. Develop it further to use as a means for well-being. You will also have the opportunity to perform at The Laugh Shop. As this is an optional activity, you may either observe or participate on that evening.

**Instructor:** Paul Sveen

**(12.5 hrs) Fee: \$199**

DAY(S)	START DATE(S)	TIMES	SITE
5 Tue	Jan 26	7 - 9:30 pm	AMK

### Just a Wee Dram (0089459)

Travel Scotland in a glass! Learn about the long and interesting history of Scottish whisky. All areas will be discussed and a wee dram, representing different styles, will be poured.

**(3 hrs) Fee: \$89**

DAY(S)	START DATE(S)	TIMES	SITE
Tue	Dec 8	7 - 10 pm	AG
Mon	Feb 22	7 - 10 pm	CWS

### A Practical Introduction to Digital SLR Photography (0092023)

*Energetically Paced*

Get comfortable with all the features of your digital SLR camera while learning how to take a technically perfect image. Snap dozens of pictures and gain practical experience with almost all of the functions of your camera. Be prepared to use your camera's manual mode for tighter control of all elements of exposure. This is a highly technical course for beginners with an already sound familiarity with their cameras.

**(12 hrs) Fee: \$209**

DAY(S)	START DATE(S)	TIMES	SITE
4 Thu	Nov 12	6:30 - 9:30 pm	M
4 Wed	Jan 20	6:30 - 9:30 pm	M
4 Thu	Jan 21	6:30 - 9:30 pm	M

### The Basics of Investing (0060351)

Think investing is just for financial wizards? This course is ideal for beginners and covers RRSP's and RESP's as well as the stock market, mutual funds and tax considerations. Presented in plain language, this non-promotional course discusses important investing topics and provides you with a solid base from which to make well-informed investment decisions.

**(6 hrs) Fee: \$99 or Couples' Fee \$159** (must call registration office to receive discount)

DAY(S)	START DATE(S)	TIMES	SITE
2 Wed	Oct 21	6:30 - 9:30 pm	M
Sat	Jan 16	9 - 3:30 pm	M

## FREE Photography Program Overview (0092001)



Thursday,  
January 7, 2010.  
Register NOW!  
Call 780.428.1111.

# Give Yourself the Gift of Empowerment!

New SKILLS! New YEAR! New YOU! ONE COURSE AT A TIME...Metro – ALL about YOU!



## Are you planning a health and wellness or team-building day for your staff?

Metro can provide a wealth of workshops! Let us help you build your own, or choose from any Mind, Body & Soul, Fitness & Sports, Dance, Communication Arts or Passions & Pastimes course. We'll customize any course to meet your needs.

For more information, call **780.917.8666/8668**.

**Send three staff members to any Metro Business & Management class and the fourth employee's registration is FREE!**

COURSE/COURSE NO.	HOURS	DAY(S)	START DATE(S)	TIME	SITE	FEE
<b>COMPUTERS &amp; INTERNET LEARNING</b>						
Computer Essentials Basics 2007 Scared Stiff (0041507)	18	Mon-Wed	Dec 14	9 am - 3:30 pm	M	\$339
Computer Essentials Basics 2007 (0041502)	18	Wed-Fri	Nov 18	9 am - 3:30 pm	M	\$339
Office 2003 Level 1 (0041616)	18	Wed-Fri 3 Sat	Nov 4 Nov 21	9 am - 3:30 pm 9 am - 3:30 pm	M M	\$339 \$339
Office 2007 Level 1 (0041637)	18	3 Sat Wed-Fri	Oct 31 Nov 25	9 am - 3:30 pm 9 am - 3:30 pm	M M	\$339 \$339
	18	Wed-Fri	Jan 6	9 am - 3:30 pm	M	\$339
Excel 2007 in a Day (0041801)	6	Sat	Oct 24	9 am - 3:30 pm	M	\$159
	6	Fri	Dec 4	9 am - 3:30 pm	M	\$159
Word 2007 Level 1 (0041800)	6	Wed	Dec 2	9 am - 3:30 pm	M	\$159
Dreamweaver CS3 Level 1 (0041777)	12	Mon & Tue	Nov 9	9 am - 3:30 pm	M	\$285
Quickbooks 2008 (41196)	18	Wed-Fri	Nov 25	9 am - 4 pm	M	\$349
Digital Photos with Photoshop Elements for 55+ (0041063)	8	Mon & Wed	Oct 26	10 - noon	M	\$109
<b>BUSINESS &amp; MANAGEMENT</b>						
Supervision Level 1 (60190)	6	Tue	Nov 17	9 am - 4 pm	M	\$169
	6	Tue	Jan 26	9 am - 4 pm	M	\$169
Supervision Level 2 (60200)	6	Tue	Nov 26	9 am - 4 pm	M	\$169
Supervision Level 3 (60210)	6	Tue	Dec 8	9 am - 4 pm	M	\$169
The Art of Negotiation (0060462) <b>NEW</b>	6	Fri	Oct 30	9 am - 4 pm	M	\$169
	6	Mon	Nov 30	9 am - 4 pm	M	\$169
Relationship Sales: The Evolution of Sales (0060461) <b>NEW</b>	12	Thu & Fri	Nov 12	9 am - 4 pm	M	\$265
Assertiveness: Business Language That Works (60460)	6	Fri	Oct 30	9 am - 4 pm	M	\$169
Leadership Skills & Professionalism (0060569) <b>NEW</b>	12	Thu & Fri	Dec 3	9 am - 4 pm	M	\$265

\* Manuals extra

## Contract Training

As your business evolves and changes, your employees will need to keep pace with new developments.

To do so, they may need to learn enhanced or additional skill sets.

Metro provides on or off-site, customized training to meet your staff needs.

For more information, call **780.917.8666/8668**.



**Online Special** (0041409) Access all online learning computer courses for only \$549! Register at any time and have unlimited access to online courses for six months. Call 780.428.1111 to register.

## Metro Sites (course locations)

AG  Algra Wines & Spirits West Edmonton Mall, Entrance 58 8882 - 170 Street NW	EST  Est-Elle Academy of Hair Design 10469 - 80 Avenue NW
AL Allendale School 6415 - 106 Street NW	HA  Harry Ainlay School 4350 - 111 Street NW
AMK  Amiskwacyi Academy Jr/Sr High 101 Airport Road (formerly the Municipal Airport)	M  Metro Continuing Education 8205 - 90 Avenue NW
BRM Braemar School 9359 - 67A Street NW	MA Metro Annex English Language Institute 8610 - 81 Street NW
BSG  Bissett Stained Glass 3104 Parsons Road (99 Street) NW	MK McKernan School 11330 - 76 Avenue NW
BWS  Baseline Wine & Spirits 210 - 222 Baseline Road Sherwood Park	ML Meadowlark School 9150 - 160 Street NW
CWS Crestwood Fine Wines & Spirits 9658 - 142 Street NW	QA Queen Alexandra School 7730 - 106 Street NW
EFC Edmonton Fencing Club 9937 - 60 Avenue NW	STH Steele Heights School 14607 - 59 Street NW

## Know someone who's hard to buy for?

Wrap up the gift of learning, ONE COURSE AT A TIME! Gift certificates available in any denomination for any program. For more information, call 780.428.1111.



EDMONTON PUBLIC SCHOOLS  
**metro** continuing education

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METRO CONTINUING EDUCATION  
8205 - 90 Avenue NW, Edmonton, AB T6C 1N8

REGISTRATION AND GENERAL INFORMATION:  
780.428.1111 or 1.877.202.2003 Fax: 780.428.1112

Metro office hours: Monday - Friday, 8:30 am - 4:30 pm

Up-to-the-minute *Class Calendar* information and registration is available at [metrocontinuingeducation.ca](http://metrocontinuingeducation.ca)

### BOARD OF TRUSTEES

In October 2007, the citizens of Edmonton elected the Board of Trustees for Edmonton Public Schools for 2007-2010. To meet the Board of Trustees, visit [www.epsb.ca/trustees](http://www.epsb.ca/trustees).

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