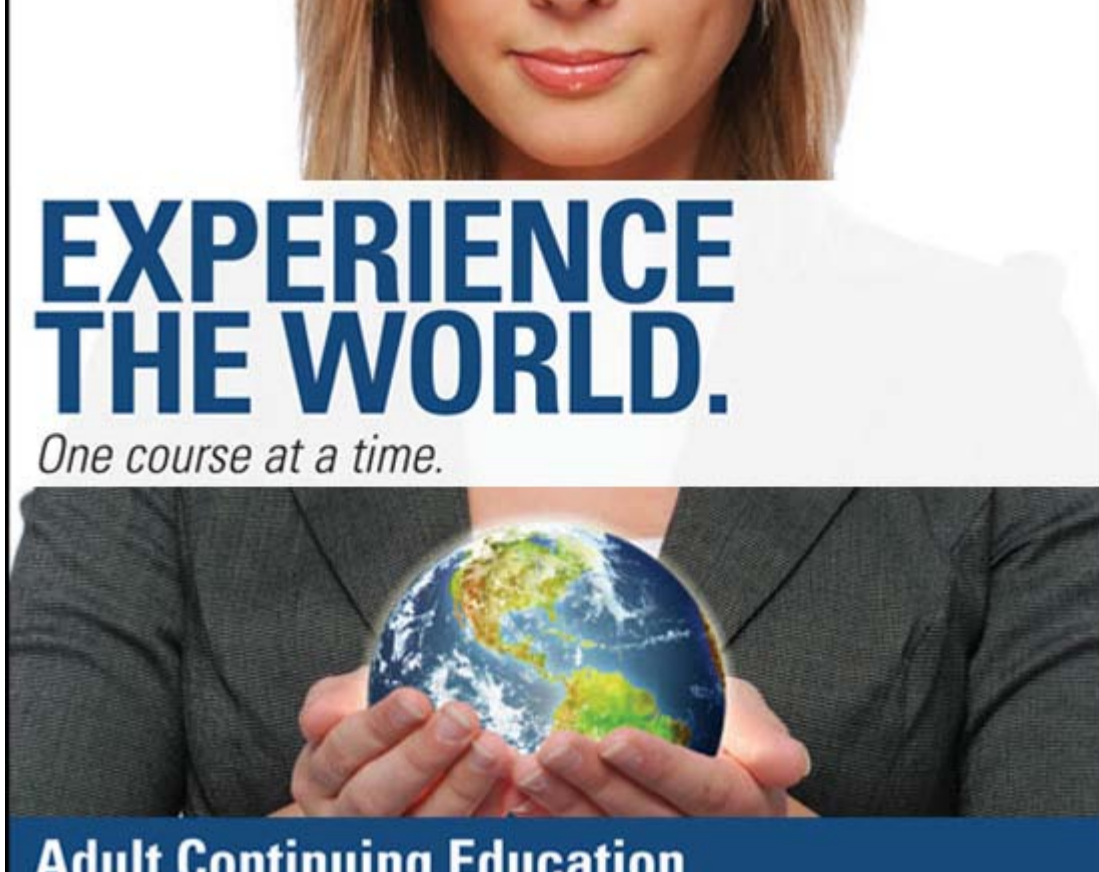




EDMONTON PUBLIC SCHOOLS  
metro continuing education



See what's new at Metro in our 2009 Fall Class Calendar! Metro Continuing Education offers you hundreds of personal and professional enrichment courses. There's no stress and no tests—just a chance to enrich your life and learn something new!

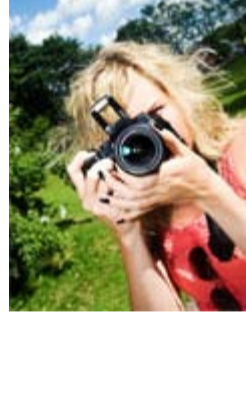
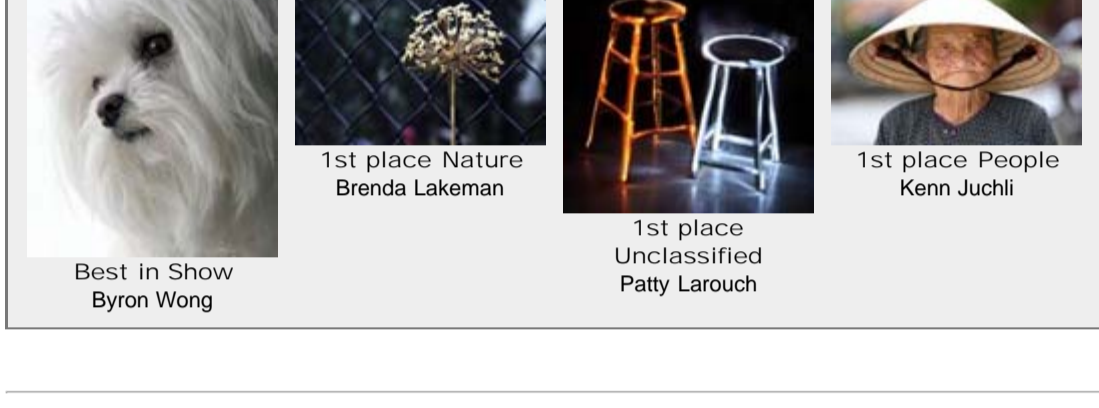


## Adult Continuing Education

- |  |   |   |
|--|---|---|
| <a href="#">Art</a>                              | <a href="#">Dance</a>                           | <a href="#">Law for the Layperson</a>   |
| <a href="#">Business &amp; Management</a>        | <a href="#">Fitness &amp; Sports</a>            | <a href="#">Mind, Body &amp; Soul</a>   |
| <a href="#">Communications Arts</a>              | <a href="#">Floral Arrangement &amp; Design</a> | <a href="#">Passions &amp; Pastimes</a> |
| <a href="#">Computer &amp; Internet Learning</a> | <a href="#">Home &amp; Garden</a>               | <a href="#">Photography</a>             |
| <a href="#">Cooking</a>                          | <a href="#">Languages</a>                       |   |

## Fabulous Photography Fun!

Taught by some of the most experienced, talented photographers, Metro Continuing Education has one of the most comprehensive photography courses in Canada - for both beginner and advanced students. Many of Metro photography students have gone on to start their own photography businesses or just continued to dabble in picture-snapping as a hobby. As an added bonus, every year Metro offers a photo contest for those who have completed or are completing a photography course. Contest benefits to students include a chance to have their photos critiqued by industry experts, prizes, portfolio content and the possibility of having their art adorn the walls of Metro Continuing Education. This year's winners include:



### [Photography Program Overview \(0092001\)](#)

If you're interested in learning more about Metro's Photography Program, Metro offers a FREE three-hour evening Photography Program Overview where you can meet Metro photography instructors, ask questions, plan your courses, and set some goals for your journey as a photographer. Instructor presentations will provide you with valuable information and photographic examples that will be sure to inspire and captivate. Don't miss it! You will need to register as soon as possible.

Starts: Thursday, September 3, 2009 or Thursday, January 7, 2010 - Runs for one evening

To register, call 780.428.1111 or [click here to register online](#).

[View all Photography classes](#)



Metro's Adult Continuing Education is offering OVER 50 new and exciting classes this fall! Here are only some of the new classes to choose from.



### [Management Coaching: "The How's" and "Why's" \(0060354\)](#)

How can you shift from managing to coaching? What skills do you need to develop? Why should you do this? Are you ignoring this management style simply because you are unsure of the "how's" and "why's?" Coaching is essential to motivating and retaining employees, but most of us lack the training. This seminar will provide the essential elements to becoming an effective coach.

Starts: Oct. 22, 2009 - Runs for one full Thursday

[View all Business & Management classes](#)

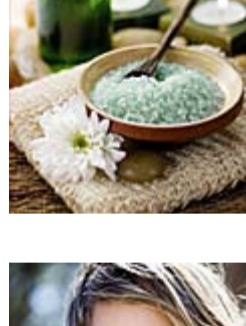


### [Fusion Fare with Flair! \(0064045\)](#)

Inspired by the original master of fusion, Wolfgang Puck, this East meets West beginner's fusion cuisine class requires open mind and an open mouth—for tasting purposes! You'll be assembling unique food combinations such as tasty chicken salads drizzled with Chinese mustard vinaigrette and thick juicy New York steaks dressed in the sharp flavour of Wasabi sauce.

Starts: Sep 26, 2009 - Runs for one half Saturday

[View all Cooking classes](#)



### [Mineral Makeup \(0068044\)](#)

Finally an opportunity to select, blend and create your own wholesome makeup to complement your skin tone. Using natural ingredients, formulate eye liner, under-eye concealer, blush or contour and finishing translucent powders. Supplies are needed.

Starts: Oct 25, 2009 or Dec 10, 2009 - Runs for one half Saturday or one Thursday evening

[View all Passions & Pastimes classes](#)



### [Act One, Take One Videography \(0060356\)](#)

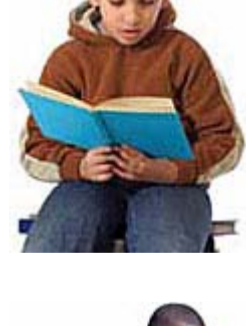
Shoot digital video like a professional - the art of cinematography is easier than you may think. Bring your video camera and learn the finer points of white balance, iris control and composition. Learn to edit your footage with Adobe Premier Elements or if you have a laptop and video-editing software, bring it along. Discover the tricks of the trade and impress yourself and others with your professional video set to music. You will also explore options for posting your videos on the Internet for family and friends to enjoy.

Starts: Oct 1, 2009 - Runs for four Thursday evenings

[View all Photography classes](#)



Throughout the school year, Metro's Academic Success Programs offer an abundance of courses to help your child accomplish their academic goals and aspirations.



## Elementary

Metro's Saturday Cool School program, for Grades K-6 students, is based on the provincial curricula with classes designed to reinforce basic concepts, and help those having academic difficulties or those needing more of an academic challenge.

[Saturday Cool School \(Grades K-6\)](#)



## Junior High

Metro hosts a number of programs for junior high students. Saturday Cool School is a unique enrichment program based on the provincial curricula, and designed to improve marks, strengthen study skills and build lifelong learning strategies. Metro also offers Grade 9 Provincial Achievement Test Prep courses, as well as a number of Academics Success Series classes where students learn how to build confidence, get great marks and learn to manage stress.

[Saturday Cool School \(Grades 7-9\)](#)

[Grade 9 Provincial Achievement Test Prep Courses](#)

[Academic Success Series](#)



## High School

Metro has a number of high school credit courses for both current high school students and mature students. These classes can be taken evenings or weekends, through self-directed learning (correspondence) and can be completed in less than eight weeks through the Fast Track program. Metro also has School to Work Transition Programs where students can pick up a trade or gain some valuable work experience. Lastly, for those needing an extra boost in confidence, Metro has a number of non-credit Academic Success Series classes where students can build confidence, get great marks and learn to manage stress.

[Senior High Credit Courses](#)

[Eight-week Fast Track Program](#)

[Self-Directed Learning](#)

[Senior High Summer School](#)

[School to Work Transition Programs](#)