



## FALL 2008 - CALENDAR SUPPLEMENT

*Metro has many courses to help you shine this holiday season.*

[Click here to download Metro's Fall Supplement](#)



*The holiday season is quickly approaching. Metro offers many courses that will help you prepare -- from holiday entertaining and baking; wreath and Christmas card making; and courses that will provide you with ways to make unique personalized gifts.*

Mrs. Claus' Bake & Take	Chocolate & Wine	Welcome Wreath
Chocolates: Hand Dipped	Evening Glam	Body Booty Baskets
Christmas Appetizers	Airbrushed Christmas Cards	Body Butters
Holiday Entertaining	Travel Photography	Diva's Ultimate
Bubble Bath	Holidays at Home	Spa Therapy
		Golden Star Quilted Table Topper

### Stained Glass Classes

3-D Nativity	Snowman Sparkler	Holiday Wreath
Fused Glass Pendants	Fused Tree Ornaments	Lead Came Christmas Ornaments
		Snowflakes



*Be a gift-giving star this season. The following Metro courses make the perfect holiday gift for friends and family and yourself!*

### Gift Ideas for Her

Belly Dance Level 1
Salsa Sizzle
Salsa Babies™
Floral Design Level 1
Interior Decorating: The Basics 1

### Gift Ideas for Him

Beginner Rock Guitar
Top Wines Under \$20
How to Use Your Digital Camera
Adobe Photoshop CS3

### Gift Ideas for Couples

Massage for Couples
Ballroom Dance Level 1
Thai It Up
Wine Appreciation

### A Present for Me!

Face Lift Reflexology	Essence Qigong	Wei Ling Yi Lotus Dance
		Stress Buster



## Ultimate Gift Ideas for Life, Work & Play!

Life	Work	Play
The Body Language Connection	QuickBooks 2008	Figure Drawing Introduction
Creative Writing: Introduction	Computer Essentials Basics 2003	Portraiture in Ink
Spanish Level 1	Computer Essentials Basics 2007	Sing Like the Stars!
A Practical Introduction to Digital SLR Photography	Excel 2003 / 2007 Level 1	Acrylic Tropical Escapes
		Encaustic Painting - Beginner to Intermediate